

EMDR Advanced Training and Distance Learning presents 2 workshops:

Dr Derek Farrell

DAY ONE: EMDR Therapy with OCD, Panic Disorder and Phobias

DAY TWO: Treating Sexual Abuse perpetrated by Clergy, Professionals and those in Fiduciary Roles

Derek Farrell has distinguished himself in many ways as an EMDR pioneer, trainer and leader in the UK, Europe and on a global level. These two distinct workshops teach areas of his specific clinical expertise.

DAY ONE: EMDR Therapy with OCD, Panic Disorder and Phobias

This one-day workshop will address the application of EMDR therapy with clinical populations suffering from OCD, Panic Disorder and Phobia.

Obsessive Compulsive Disorder (OCD) is a bio-psycho-socio-cultural disorder that includes genetic, neural brain anomalies, traumatic experiences, and development of dysfunctional beliefs learnt from others and from the environment. The current empirical research supports the utilisation of a specific form of Cognitive Behavioural Therapy (Exposure and Response Prevention) however not all clients respond well to this intervention.

This workshop will explore the utilisation of EMDR therapy as a possible treatment for OCD, Panic Disorder and Phobias. It will highlight three important aspects: firstly, that the theoretical framework of EMDR therapy (Adaptive Information Processing) can play a part (albeit partly) in explicating some of the symptoms encountered by individuals with Obsessive Compulsive Disorder (OCD), Panic and Phobias. Secondly, that EMDR therapy can be a useful adjunctive, rather than distinct, psychological treatment intervention for individuals with OCD, Panic and Phobias. Thirdly, that the treatment impact of EMDR Therapy appears to be greater if there is distinct evidence of past traumatological experiences that are sufficient to generate a presently held level of disturbance.

DAY TWO: Treating Sexual Abuse perpetrated by Clergy, Professionals and those in Fiduciary Roles

Sexual abuse perpetrated by those in fiduciary roles (professionals entrusted with guiding and caretaking roles) breach these legal and ethical relationships of trust. This workshop will feature treatment for clergy abuse, while also considering the prevalence, impact and treatment needs related to abuse by teachers, coaches, health providers, therapists, employers and others. Distinctive forms of sexual traumatology generate unique trauma characteristics not accounted for by existing PTSD classifications (DSM-5/ICD-11). Such a breach of a fiduciary relationship has significant implications often generating persistent symptoms in areas of safety, trust, secrecy, shame, alienation and moral injury. Trauma informed psychological treatment is critical.

This workshop will depict treatment for survivors of such traumas which is viewed through the lens of the Adaptive Information Processing (AIP) model, and explores six considerations:

- Psychoeducation
- Trauma Stabilization
- Trauma Confrontation
- Intensive Trauma Treatment
- EMDR Group Interventions
- Post-Traumatic Growth and Resilience

Broader aspects related to sexual abuse by clergy considers church hierarchy, celibacy and litigation processes and other additional factors. In summary – this workshop will consider the application of EMDR Therapy with survivors of fiduciary trauma.

April 26-27, 2019

9:00am to 4:30pm all days

Crowne Plaza Natick

1360 Worcester Street, Route 9, Natick, MA 01760

6 credits per day: EMDRIA, APA, NASW, LMFT, LMHC, LPC and other NBCC approved clinicians

Day One:

9:00am	AIP conceptualization of OCD, Panic Disorder and Phobia - symptoms, causes and contributors
10.30	Break
10:45	Integrating other effective treatment approaches into EMDR therapy
12:15pm	Lunch
1:15	Case conceptualization and strategic treatment goals and priorities
2:45	Break
3:00	Target selection, reprocessing and expanded case examples
4:30	Close

Day Two:

9:00am	Understanding the psychological impact of sexual abuse perpetrated by clergy and other's in fiduciary roles
10.30	Break
10:45	Case conceptualization and strategic treatment goals and priorities
12:15pm	Lunch
1:15	EMDR therapy strategies with expanded case examples
2:45	Break
3:00	Rebuilding the self, learning trust, and resiliency
4:30	Close

LEARNING OBJECTIVES—PARTICIPANTS WILL BE ABLE TO:

DAY ONE:

1. Describe core components of the Adaptive Information Processing (AIP) and how this applies to OCD, Panic Disorder and Phobia clinical populations
2. Describe other theoretical frameworks integrated alongside EMDR therapy with OCD, Panic Disorder and Phobia clients
3. Describe strategies for working with these clinical issues
4. Formulate treatment approaches integrating workshop knowledge
5. Employ topic-related strategic target selection for EMDR reprocessing
6. Reference theoretical, empirical and clinical case examples illuminating topic-related knowledge, understanding and application

DAY TWO:

1. Describe core components of the Adaptive Information Processing (AIP) and how this applies to survivors of fiduciary trauma
2. Describe prevalent symptoms for survivors of fiduciary trauma
3. Describe various theoretical frameworks to explicate these forms of sexual traumatology
4. Describe methods in the application of EMDR therapy with this important client group
5. Employ topic-related strategic target selection and interweave considerations for EMDR reprocessing
6. Reference theoretical, empirical and clinical case examples illuminating topic-related knowledge, understanding and application

Dr. Derek Farrell is a Principal Lecturer in Psychology, an EMDR Therapy Europe Accredited Trainer and Consultant, a Chartered Psychologist, Scientist and Associate Fellow of the British Psychological Society, and an Accredited Psychotherapist with the British Association of Cognitive & Behavioural Psychotherapies (BABCP). He is past President of the EMDR UK & Ireland Board, President of Trauma Aid Europe, Past Vice President of EMDR Europe Board and Chair of the EMDR Europe Practice Committee. Derek is also Scientific Advisor to the Board of Trauma Aid Germany. He is involved in a number of Humanitarian Trauma Capacity Building programmes in Pakistan, Turkey, India, Cambodia, Myanmar, Thailand, Indonesia, Lebanon, Poland, Philippines, Palestine and Iraq. His PhD in Psychology was researching survivor’s experiences of sexual abuse perpetrated by clergy and consequently has written several publications on this subject matter. In 2013, Derek was the recipient of the ‘David Servan Schreiber Award’ for Outstanding Contribution to EMDR Therapy. In addition, Derek was also shortlisted for the prestigious Times Higher Education Supplement (TES) Awards (2017) for ‘International Impact’ due to his Humanitarian Trauma Capacity Building work in Iraq with the Free Yezidi Foundation and the Jiyan Foundation for Torture and Human Rights. In June 2018 Derek was also awarded the Trauma Aid Europe ‘Humanitarian of the Year Award, in Strasbourg, France.



Mark Nickerson, LICSW maintains responsibility for this program and its content in accordance with EMDRIA standards. This workshop is held in facilities which are in compliance with the Americans with Disabilities Act. Please contact Mark Nickerson, LICSW if special accommodations are required. Full completion of an EMDRIA approved basic EMDR training is required. Pending APA approval, this program is co-sponsored by the Massachusetts Psychological Association (MPA). MPA is approved by the American Psychological Association to sponsor Continuing Education (CE) for psychologists. MPA maintains responsibility for the program and its content.

Online registration at: EMDRadvancedtrainings.com Questions? info@emdradvancedtrainings.com

<p>Name _____</p> <p>Discipline and License # _____</p> <p>Address _____</p> <p>City, State, Zip _____</p> <p>Email _____ Phone _____</p> <p>Level of EMDR Training _____</p>	<p><input type="checkbox"/> Day 1 (April 26)</p> <p><input type="checkbox"/> Day 2 (April 27)</p>	<p>Program Fees (6 CEs/day)</p> <p><u>BOTH DAYS</u> \$295 if sent by March 10, 2019 \$325 if sent by April 7, 2019 \$365 if sent after April 7, 2019</p> <p><u>ANY ONE DAY</u> \$195 if sent by March 10, 2019 \$225 if sent by April 7, 2019 \$265 if sent after April 7, 2019</p> <p><i>\$30/day discount for Clinicians working for non-profits (30+ hours a week)</i></p> <p><i>Full refunds until March 10, 2019; then 80% until 1 week before training, no refunds after April 20, 2019.</i></p>
<p><input type="checkbox"/> In Person</p> <p><input type="checkbox"/> Via Livestream</p>	<p><input type="checkbox"/> My payment of \$_____ is enclosed. Mail checks made payable to: Mark Nickerson, LICSW, 441 West Street, Amherst, MA 01002</p>	