

**Dealing with Pandora's Box: The therapeutic relationship as a model for fostering collaboration among dissociative parts in clients with complex trauma-related disorders**

PRESENTED BY:

**Onno van der Hart, PhD**

**This training integrates core concepts from Van der Hart's highly acclaimed book:  
*The Haunted Self: Structural Dissociation and the Treatment of Chronic Traumatization***

Becoming thoroughly informed about dissociation is mandatory for all clinicians working with traumatized individuals, especially those with a history of chronic childhood traumatization. All too often, a therapist starts treating a patient/client for acute trauma, such as related to war, terrorism, or serious traffic accidents, only to discover that Pandora's Box is opened in the process.

**Learning Objectives** — Participants will be able to:

- Understand trauma-related dissociation as, primarily, an integrative failure and, secondarily, as a coping strategy or defense
- Regard many dissociative symptoms as attempts by dissociative parts to solve certain problems
- Define the therapeutic relationship in terms of collaboration between therapist and client, and apply this to fostering acceptance and collaboration among dissociative parts
- Use some other tools in helping dissociative parts to transform their phobic or conflicting relationships with other dissociative parts
- Develop a therapeutic approach with regard to perpetrator-imitating parts
- Foster collaboration among dissociative parts in preparing and participating in integrative actions with regard to traumatic memories and unification of the personality.

**Dealing with Pandora's Box** (1 day Training for non-EMDR Practitioners):

April 23, 2017 (Sun)

6 credits: APA, NASW, LMFT and LMHC, LPC and other NBCC approved masters level clinicians

9:00am to 4:15pm

**Livestream or In Person**

Crowne Plaza Natick  
1360 Worcester Street, Route 9,  
Natick, MA 01760

**Day 3 Schedule**

- 9:00am *Round 1:* Understanding trauma-related dissociation of the personality as integrative failure
- 10:30am Break
- 10:45am *Round 2:* Phase-oriented treatment
- 12:15pm Lunch
- 1:00pm *Round 3:* Phase 1 treatment—overcoming dissociative phobias
- 2:30pm Break
- 2:45pm *Round 4:* Phase 2 treatment—integrating trauma memories
- 4:15pm Closing

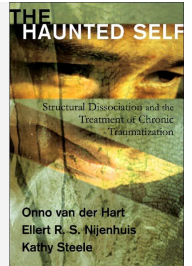
**Onno van der Hart** is a psychologist, adult psychotherapist in private practice, trained family therapist and researcher; he is Emeritus Professor of Psychopathology of Chronic Traumatization at the Department of Clinical and Health Psychology at Utrecht University, the Netherlands. He is a scholar in Pierre Janet Studies. Both nationally and internationally, he is a clinical consultant on diagnosis and treatment of complex trauma-related disorders and he presents lectures and workshops on complex PTSD, dissociative disorders, phase-oriented treatment of chronic traumatization.



Apart from having co-authored *The Haunted Self: Structural Dissociation and the Treatment of Chronic Traumatization* (Norton, 2006), with Suzette Boon and Kathy Steele, he wrote *Coping with Trauma-related Dissociation: Skills Training for Patients and Therapists* (Norton, 2011), and with Kathy Steele and Suzette Boon, *Treating Trauma-related Dissociation: A Practical, Integrative Approach* (Norton, 2017).

*"The Haunted Self* is an elegant integration of theory, research, and clinical practice about the struggles endured by survivors of complex and repeated trauma."

"This book is required reading for everybody working in the trauma field. It contains a wealth of new information, ideas, and propositions. It is a pioneering work, a milestone in the trauma field." — *Tijdschrift voor Psychiatrie (Dutch Flemish Journal of Psychiatry)*, July 2008



Mark Nickerson, LICSW maintains responsibility for this program and its content in accordance with EMDRIA standards. This workshop is held in facilities which are in compliance with the Americans with Disabilities Act. Please contact Mark Nickerson, LICSW if special accommodations are required. Full completion of an EMDRIA approved basic EMDR training is required. Pending APA approval, this program is co-sponsored by the Massachusetts Psychological Association (MPA). MPA is approved by the American Psychological Association to sponsor Continuing Education (CE) for psychologists. MPA maintains responsibility for the program and its content.

**Online registration at: [EMDRadvancedtrainings.com](http://EMDRadvancedtrainings.com) Questions? [info@emdradvancedtrainings.com](mailto:info@emdradvancedtrainings.com)**

Name \_\_\_\_\_

Discipline and License # \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Level of EMDR Training \_\_\_\_\_

**Program Fees (6 CEs)**

\$180 if sent by March 24, 2017  
\$220 if sent by April 7, 2017  
\$250 if sent **after** April 7, 2017

\$60 discount for Community Mental Health clinicians (30+ hours a week)  
Full refunds until March 24; then 80% until 1 week before training, no refunds after April 14.

- In Person**
- Via Livestream**

**My payment of \$\_\_\_\_\_ is enclosed.**  
Mail checks made payable to: Mark Nickerson, LICSW,  
368 Middle Street, Amherst, MA 01002